

YOGA

On the Hill

Inspiredlifestyles Wellness, Yoga and Fitness- Lisa Neukomm

Stretch & Relax
Tuesdays 7-8pm
Sept 26-Nov 28
\$160+gst

Gentle Yoga
Thursday 12-12:55pm
Sept 21-Nov 30
\$160+gst

To Register

inspiredlifestyles@shaw.ca

778-281-0694

Location: 6748 Swanson Rd
Cranbrook Hill

